

Programs Assigned to Providers

LEHIGH
All Providers
7/1/2009 - 6/30/2010

SCA Name: 229-LEHIGH

Provider Name: 229002-Center for Humanistic Change

7/1/2009 - 6/30/2010

After School Program

Youth programs that occur after school at schools, churches, recreation centers, etc. (Examples include life skills, drug and alcohol prevention, health, recreational activities.) (Service Code Examples: STA 01, 02: Alt activities, usually recurring fits better here; other alt codes could fit)

All Stars

All Stars™ is a school- or community-based program designed to delay and prevent high-risk behaviors with middle school-age adolescents (11 to 14 years old), including substance use, violence, and premature sexual activity, by fostering development of positive personal characteristics. A highly interactive program, All Stars involves 13 lessons during its first year, and 9 booster lessons in its second year. <http://www.allstarsprevention.com/>

ATOD Abuse Support Program

This program provides support services to abusers and those associated with the abuser. (Service Code Example: STE01: if a cosa grp)

ATOD Alternative Activity Programs

Programs that promote ATOD free alternatives in the community and school districts. The goal of this program is to provide various school/community ATOD-free recreational and/or social activities. These activities also include recognition events. (Service Code Examples: Alternative codes: STA01, STA02, PAA01; other alt codes)

ATOD Community Events Program

A wide array of services and methods for dissemination of information intended to educate individuals, schools, families, and communities about specific substance abuse and health related risks, risk reduction activities, and other activities to promote positive and healthy lifestyles. Examples: School health promotion gatherings, Health screening programs in shopping malls, Church fairs or carnivals, Public health or health education fairs, etc. (Service Code Examples: STN02: # of Hlth Fair attendees; STN03: # of Hlth Promotion attendees)

ATOD Education Program

Drug & alcohol education awareness and prevention. This program is used to raise awareness on the harmful effects of ATOD, through speaking engagements and basic ATOD recurring education. (Service Code Examples: STE: education codes; STN17: Speaking Engagements)

ATOD Information Dissemination Program

This program complements all other prevention activities and programs by disseminating information in written and/or audio-visual format. It includes distribution of ribbons, pamphlets, handouts, newsletters, videos, books, PSA's and media campaigns. "Incentives" such as pens or pencils. (Service Code Examples: STN10,11,12,13,14,15,16)

ATOD In-Service Training

Providing in-service training to specific agency staff. Examples: teachers, counselors, administrators, children and youth case workers, prevention specialists and others on ATOD issues and concerns. (Service Code Examples: STC07: Training Services-includes SAP trainings)

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ATOD Prevention Training Program

These are trainings that are not part of a Train the Trainer or In-Service Training for professional staff. Structured prevention trainings intended to impart information to individuals or community groups. It may include the teaching of organizational development skills. Examples could be training peer leaders, mentors, coalition volunteers, etc. (Service Code Example: STC03 Community and Volunteer Training Services)

Bullying Prevention Program

This program examines the roots of bullying, characteristics and consequences of being a victim & a bully, & prevention strategies. (Service Code Examples: STE02, 03, or 06: Depending on location/structure of program.)

Club Ophelia Training Program

Senior girls act as mentors to small groups of girls in grades 6-8 to help them develop relationship skills, learn alternatives to bullying, and most of all, to have fun. Recurring groups are held at either schools or community organizations. In addition there is a week long camp or Camp Ophelia during the summer "Where girls don't hurt each other"

Creating Lasting Family Connections (CLFC)

Creating Lasting Family Connections (CLFC) is a comprehensive family strengthening, substance abuse, and violence prevention curriculum that has scientifically demonstrated that youth and families in high-risk environments can be assisted to become strong, healthy, and supportive people.

Elementary Youth Support Program

The Elementary Youth Support Program (EYSP) is an in-school, small group support and life skills education program for children in kindergarten through middle school. It uses a published, copyrighted curriculum. It was recognized by CSAP as a national model program in 1999. It is currently be studied by the University of Pittsburgh.

Families That Care: Guiding Good Choices (GGC)

Families That Care—Guiding Good Choices (GGC) is a multimedia program that gives parents of children in grades four through eight (8 to 13 years old) the knowledge and skills needed to guide their children through early adolescence.

Leadership/Mentoring Program

Programs that increase healthy intrapersonal/interpersonal relationships. Youth and/or Adult mentors can accomplish this in a variety of ways. For example: Youth Mentor educates peers on harmful affects of ATOD use; Adult Mentor tutors youth to improve grades and reducing the negative effect of failing school; Youth Mentors work with Peers on developing healthy activities. The program also includes Youth Advisory Panels.(This program should not be used to train Peer Mentors/Leaders, instead use Generic Program: ATOD Prevention Training Program) (Service Code Examples: STE05: Peer leaders; STA06, 08: Youth/Adult)

Life Skills (Non Evidenced Based)

Program aimed at adults and/or adolescents which will focus on the major social and psychological factors relating to the prevention of substance abuse and addiction. This program includes key aspects of healthy relationships, including setting boundaries. (Service Code Examples: STE: Education codes; STN17: Speaking Engagement)

LifeSkills Training (LST)

LifeSkills Training (LST) is a program that seeks to influence major social and psychological factors that promote the initiation and early use of substances. LifeSkills has distinct elementary (8 to 11 years old) and middle school (11 to 14 years old) curricula that are delivered in a series of classroom sessions over 3 years. The sessions use lecture, discussion, and ability to resist peer and media pressure. <http://www.lifeskillstraining.com/>

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Parenting Programs

Programs that promote ATOD awareness and education for parents and families. (Service Code Examples: STE04: Parenting/Family Management Services)

Parenting Wisely

The Parenting Wisely intervention is a self-administered, computer-based program that teaches parents and their 9- to 18-year-old children important skills for combating risk factors for substance use and abuse. The Parenting Wisely program uses a risk-focused approach to reduce family conflict and child behavior problems, including stealing, vandalism, defiance of authority, bullying, and poor hygiene.

Positive Action (PA)

Positive Action (PA) is an integrated, comprehensive, and coherent program that has been shown to improve academic achievement and behaviors of children and adolescents (5 to 18 years old) in multiple domains. It is intensive, with lessons at each grade level (from kindergarten to 12th) that are reinforced all day, schoolwide, at home, and in the community.

Project SUCCESS

Project SUCCESS (Schools Using Coordinated Community Efforts to Strengthen Students) prevents and reduces substance use among high-risk, multiproblem high school adolescents. Developed and tested with alternative school youth 14 to 18 years old, the program places highly trained professionals in schools to provide a full range of substance use prevention and early intervention services.

Program components include:

Prevention Education Series: An eight-session substance abuse prevention education program conducted by the PSC.

Individual Assessment: Following the Prevention Education Series, each student is seen individually by the PSC to determine their level of substance use, family substance abuse, and the need for additional services.

Individual and Group Counseling: Following assessment, a series of 8 to 12 time-limited individual or group sessions are conducted in the school. Students attend one of seven different groups based on their developmental differences, substance use, and family history of substance abuse. Individual sessions are scheduled as needed.

Parent Programs: Parents attend an evening dinner meeting with a speaker who discusses what they can do to prevent and reduce substance use.

Referral: Counselors refer students and parents who require treatment, more intensive counseling, or other services to appropriate agencies or practitioners in the community.

Promoting Alternative Thinking Strategies (PATHS)

PATHS (Promoting Alternative Thinking Strategies) is a comprehensive program for promoting emotional and social competencies and reducing aggression and acting-out behaviors in elementary-school-aged children, while simultaneously enhancing the educational process in the classroom. This innovative curriculum for kindergarten through sixth grade (ages 5 to 12) is used by educators and counselors as a multiyear, prevention model.

Reconnecting Youth (RY)

Reconnecting Youth (RY) is a school-based prevention program for youth in grades nine through twelve (14 to 18 years old) who are at risk for school dropout. These youth may also exhibit multiple behavior problems, such as substance abuse, aggression, depression, or suicide risk behaviors.

S.T.E.P. Systematic Training for Effective Parenting

This course is designed to help parents understand their child's behavior and develop concrete communication skills with children.

AGS Publishing

www.agsnet.com

Safe Dates

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Safe Dates is a school-based program designed to stop or prevent the initiation of psychological, physical, and sexual abuse on dates or between individuals involved in a dating relationship. Intended for male and female middle and high school students 12 to 18 years of age, the Safe Dates program can stand alone or easily fit within a health education or family or general life skills curriculum. The Safe Dates program includes a curriculum with nine 50-minute sessions, a 45-minute play to be performed by students, and a poster contest. Program goals are to: Change adolescent dating violence norms; Change adolescent gender-role norms; Improve conflict resolution skills for dating relationships; Promote victim and perpetrator's beliefs in need for help and awareness of community resources for dating violence; Promote help-seeking by victims and perpetrators; Improve peer help-giving skills

Second Step

Second Step is a classroom-based social skills program for preschool through junior high students (4 to 14 years old). It is designed to reduce impulsive, high-risk, and aggressive behaviors; and increase children's social-emotional competence and other protective factors.

Social Skills Workshop - Human Relations Media

Social Skills Workshop Series: This 4-part research-based video and print curriculum is a primer on critical social skills that will aid and prepare teens for developing confidence, getting along with others, avoiding conflicts as well as increasing their self-esteem among peers and adults. Print package reinforces the video's visual lessons. Part 1: Basic Social Skills; Part 2 Negotiation and Compromise; Part 3 Developing Self Confidence; Part 4 Shyness Busting Skills

http://www.hrmvideo.com/items.cfm?action=view&item_id=2506&type=&search_keywords=social%20Skills

STARsteps: Conflict Resolution Strategies for Students: Combining entertaining video dramas with lesson plans, student activities, overheads and a teacher's resource book, this series of four videos and print curriculum helps students learn all-important interpersonal conflict resolution skills. http://www.hrmvideo.com/items.cfm?action=view&item_id=2609&type=&search_keywords=STARsteps

Risky Behavior: The Dark Side of Bad Choices: This program looks at the nature of risk taking—both good and bad—by profiling real teens and the choices they make. The video and print materials in the Teacher's Resource Book also suggest and model appropriate and safe risk-taking options.

http://www.hrmvideo.com/items.cfm?action=view&item_id=2122&type=&search_keywords=Risky%20Behavior (SVCCode: STN17, STE03, STE06; SVPop: SP05, SP12, SP15; IOM: Selective or Indicated)

Strengthening Families Program: For Parents and Youth 10-14

The Strengthening Families Program for Parents and Youth 10–14 (SFP 10–14) is a video-based intervention designed to reduce adolescent substance abuse and other problematic behaviors in youth 10 to 14 years old. The program is delivered within parent, youth, and family sessions using narrated videos that portray typical youth and parent situations.

Talking About Touching

Recognized by "Committee for Children" -- This program teaches children basic skills that will keep them safe from dangerous situations. Through this curriculum, children are taught safety rules to use with things and safety rules to use with people. This curriculum encourages children to learn and apply their family rules. The children will learn to:

- Recognize unsafe situations in their environment.
- Recognize potentially unsafe situations involving people.
- Determine safe and unsafe touch.
- Assert their ability to say "no" to unsafe situations and touches that are unsafe to uncomfortable.
- Tell someone about unsafe situations and unsafe or uncomfortable touches.

(Service Codes: STE02; STE06: SPN17) (Population Codes: SP09 and SP22)

Tobacco Prevention Program

This program is designed to target the following, but not limited to, retail vendors, public officials, school administrators, etc., who are able to control the availability of tobacco in communities. Types of services included under this program include tobacco education, Act 112 training, vendor compliance checks, adult cessation classes etc. (Service Code Examples: STV06: Preventing Underage Sale of Tobacco & Tobacco Products- Annual Tobacco Compliance Inspections; STV08: Preventing Underage Sale of Tobacco & Tobacco Products - Tobacco Vendor Education; STV02: Public Policy Campaigns; STE codes)

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Too Good For Drugs (TGFD)

Too Good For Drugs (TGFD) is a school-based prevention program designed to reduce the intention to use alcohol, tobacco, and illegal drugs in middle and high school students.

Too Good For Violence

Too Good for Violence (TGFV) is a school-based, violence-prevention/character education program that improves student behavior and minimizes aggression. TGFV helps students in grades K–12 learn the skills they need to get along peacefully with others. TGFV builds skills sequentially and, at each grade level, provides developmentally appropriate curricula designed to address the most significant risk and protective factors. The program promotes a "CAREing" approach to violence prevention by teaching-- Conflict resolution; Anger management; Respect for self and others; Effective communication

Youth Matters

The Youth Matters program offers an innovative approach to positive youth development by teaching students how to deal with important issues affecting their health and safety, including bullying, violence-prevention, and substance abuse. Created by Comprehensive Health Education Foundation (C.H.E.F.®), this program promotes critical thinking, skill building, and character education through discussion, analysis, and peer-based learning. The program focuses on teaching respect and empathy while enhancing social and emotional learning and helping young people make better choices.

Youth Support Program (YSP)

A small group in school prevention program for children identified as "at risk". It works to prevent the onset of drug use for students in grades 7 - 12.

Provider Name: 229001-LEHIGH COUNTY DRUG & ALCOHOL ABUSE SERVICES

7/1/2009 - 6/30/2010

AOD Environmental Prevention Program

This program focuses on Alcohol and Other Drugs environmental strategies. EXCLUDES Tobacco-related strategies, which are recorded under Tobacco Prevention Program. (Service Code Examples: STV01, 02, 04, 05, 07, 09, 10, 11, 12)

Provider Name: 229007-Lehigh Valley Drug and Alcohol Intake Unit

7/1/2009 - 6/30/2010

Student Assistance Program

Intervention service provided within the school setting intended to identify and address problems negatively impacting student academic and social growth. Services include assessment, consultation, referral and/or small group education for SAP identified youth. The services are provided by cross-disciplinary staff including substance abuse and mental health professionals.

Provider Name: 229003-Valley Youth House

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Incredible Years

The Incredible Years series features three comprehensive, multi-faceted, and developmentally based curricula for parents, teachers, and children. The program is designed to promote emotional and social competence and to prevent, reduce, and treat behavioral and emotional problems in young children (2 to 8 years old).

Leadership/Mentoring Program

Programs that increase healthy intrapersonal/interpersonal relationships. Youth and/or Adult mentors can accomplish this in a variety of ways. For example: Youth Mentor educates peers on harmful affects of ATOD use; Adult Mentor tutors youth to improve grades and reducing the negative effect of failing school; Youth Mentors work with Peers on developing healthy activities. The program also includes Youth Advisory Panels.(This program should not be used to train Peer Mentors/Leaders, instead use Generic Program: ATOD Prevention Training Program) (Service Code Examples: STE05: Peer leaders; STA06, 08: Youth/Adult)

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Parenting Programs

Programs that promote ATOD awareness and education for parents and families. (Service Code Examples: STE04: Parenting/Family Management Services)

Parenting Wisely

The Parenting Wisely intervention is a self-administered, computer-based program that teaches parents and their 9- to 18-year-old children important skills for combating risk factors for substance use and abuse. The Parenting Wisely program uses a risk-focused approach to reduce family conflict and child behavior problems, including stealing, vandalism, defiance of authority, bullying, and poor hygiene.

Promoting Alternative Thinking Strategies (PATHS)

PATHS (Promoting Alternative THinking Strategies) is a comprehensive program for promoting emotional and social competencies and reducing aggression and acting-out behaviors in elementary-school-aged children, while simultaneously enhancing the educational process in the classroom. This innovative curriculum for kindergarten through sixth grade (ages 5 to 12) is used by educators and counselors as a multiyear, prevention model.

SADD

Students Against Destructive Decisions. Chapters of middle and high school students and advisors form the Lehigh Valley who meet on a monthly basis to share ideas and projects about ATOD awareness and prevention.

Second Step

Second Step is a classroom-based social skills program for preschool through junior high students (4 to 14 years old). It is designed to reduce impulsive, high-risk, and aggressive behaviors; and increase children's social-emotional competence and other protective factors.

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Too Good For Drugs (TGFD)

Too Good For Drugs (TGFD) is a school-based prevention program designed to reduce the intention to use alcohol, tobacco, and illegal drugs in middle and high school students.

Underage Drinking Program

This program is used to raise awareness/educate those individuals who have been convicted of underage drinking and to provide intervention services when needed. (Service Code Examples: STE06: Small Group Sessions)

Violence Prevention Program

This program addresses the violence impacting individuals due to ATOD use and abuse. (Service Code Examples: STE Education Codes)

Youth Matters

The Youth Matters program offers an innovative approach to positive youth development by teaching students how to deal with important issues affecting their health and safety, including bullying, violence-prevention, and substance abuse. Created by Comprehensive Health Education Foundation (C.H.E.F.®), this program promotes critical thinking, skill building, and character education through discussion, analysis, and peer-based learning. The program focuses on teaching respect and empathy while enhancing social and emotional learning and helping young people make better choices.

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Programs Not Assigned

Employee Assistance Programs

Employee Assistance Programs offer employers and employees basic life skills and ATOD education. The program also is a catalyst for employees to access support services and intervention services when needed. (Service Code Examples: STP01: single, # of attendees STP02: recurring)

In My House

PROGRAM OVERVIEW: In My House is an interactive prevention curriculum created to reduce risk factors and enhance protective factors among young people ages 10 to 13. The curriculum is built upon a spirit of personal responsibility and action. Throughout the program, students work on developing a set of skills that will help them avoid engaging in high-risk behaviors.

Through interactive journaling, students use their own experiences, thoughts and feelings as a foundation for making positive choices and changes in their lives. The metaphor of a house serves as a creative way to structure students' exploration for their lives. The rooms of the house represent important components of a student's life.

The core program consists of five workbooks, delivered over 20 hours within one year. The second phase of the program consists of an additional five workbooks, also to be delivered over 20 hours within the year following the core program.

Project Northland

Project Northland is a multilevel, multiyear program proven to delay the age at which young people begin drinking, reduce alcohol use among those who have already tried drinking, and limit the number of alcohol-related problems of young drinkers. Designed for sixth, seventh, and eighth grade students (10 to 14 years old), Project Northland addresses both individual behavioral change and environmental change.