

St. Luke's Caregiver Support Group is designed to provide emotional, educational, and social support for caregivers through regularly scheduled meetings. The meetings are designed to help participants develop methods and skills to solve problems, as well as share stories and resources. The group encourages caregivers to maintain their own personal, physical and emotional health while providing care for their loved ones.

St. Luke's Caregiver Support Group meets
the 4th Thursday of every month at 5:30 pm
St. Luke's North • 153 Brodhead Road, Bethlehem

For more information, contact **1-866-STLUKES** or go to **sluhn.org/Classes-Events**



