



SPRING INTO EMPLOYMENT

And Additional Income

May 6, 2015

Schedule of Events

8:15-9:00

Registration & Continental Breakfast

9:00-10:00

Keynote Speaker (Sheila Hall-Pringleau)
Journey to Employment

10:05-11:05

Social Security and You

11:05-11:20

BREAK

11:20-12:20

Make O.V.R Work for You

12:20-1:00

CATERED LUNCH

1:00-2:00

Peer Panel

If We Can Do It, You Can Do It

2:05-3:05

W.R.A.P. for Work
How to Survive the Work Place

3:05-3:30

Closing Remarks and Door Prize

2015 Sponsors

Employment Transformation Committee

Moravian Development Corporation

Northampton Community College Fowler Center

Northampton County Developmental Programs

Northampton County Mental Health

The Lodge-RHD

Vendors

Clubhouse of Lehigh County

Recovery Partnership

Step by Step, Inc.

The Link

The Lodge-RHD

Via of the Lehigh Valley, Inc.



Thanks to all the volunteers and everyone who helped in making
Spring into Employment 2015 possible.

About the Speakers:

Sheila Hall-Prioleau, MS, CPS, FPS: She is the director of the United Peers/RHD recovery center for MH and Co-Occurring disorders, a Certified Peer Specialist (CPS), Forensic Peer Specialist and a W-TREM (Trauma Recovery Empowerment Model) trainer. She has a master's degree in the Administration of Human Service and a host of trainings in the recovery way of thinking as well as trainings in the empowerment of people who hear voices.

Sheila came to RHD 12 years ago as a client in the Family House Norristown (FHN) substance abuse program for women and children. Before graduating FHN she got a job at the local supermarket as a way of returning to the work force. She also went to school while in FHN to learn how to use computers. After graduation from FHN she came back to volunteer for one year to facilitate NA meetings. She started working for FHN in that same year as a Residential Advisor (RA), and in two years was promoted to RA supervisor and three years later was promoted to Office manager. After nine years of working with women that have substance abuse issues and their children, Sheila left FHN and went to Lower Merion Counseling Service to work as a Recovery Coach.

At LMCS/RHD she supported participants recently discharged from mental health facilities, to live successfully in the community. She also work as a CPS consultant for Creating Increase Connection/RHD (CIC) helping to transition people out of Norristown State Hospital into community living.

Almost three years ago, (12/2012) Sheila was hired as a CPS supervisor for the United Peers/RHD recovery center and three months later was promoted to Program Developer/ Unit Director where she still is currently working. United Peers is a program designed by people in recovery for people in recovery. It is staffed by CPS, and CPS volunteers. Peer participants are also actively involved in co-facilitation of groups.

Sheila believes that anyone can recover from anything if they do the work. HOPE is one of her favorite words and she has been successful in her own recovery because she lives by the 5 principles of recovery quoted by Mary Ellen Copeland that state; If you have Hope, Personal Responsibility, Education, Self-Advocacy and Support than recovery is more than possible.

Adele Bond: Earned her Bachelor's in Rehabilitation Services from The Pennsylvania State University. Adele worked for over nine years doing Supported Employment for Goodwill in Bucks County. In 2013 Adele received her certification as Community Work Incentives Coordinator and began working for Goodwill Keystone Area's Work Incentives Planning and Assistance Program.

Howard A. Kuntz Jr. MA, CRC. Mr. Kuntz earned a Bachelors of Science degree in Business Administration from LaSalle University and a Masters of Science degree in Rehabilitation Counseling from the University of Scranton. He is certified as a Rehabilitation Counselor by the Commission on Rehabilitation Certification and is working on post graduate credits to become a Licensed Professional Counselor. He is employed by the Office of Vocational Rehabilitation in Allentown and works with individuals experiencing mental health issues in Northampton County, PA to find and maintain employment. He also has extensive knowledge in working with individuals with Traumatic Brain Injury.

Joseph Rusenko: Today Joseph is recovering spiritually, emotionally, and physically from my co-occurring illness. He hadn't worked in 9 years due to his illness and thought his working days were over. Joseph joined the clubhouse of Lehigh county and signed up for the culinary unit. He progressed in responsibility soon his confidence and self esteem sprung to life. Two years later he became a Certified Peer Specialist and in three months will have worked at The Lodge for five years. Joseph needs therapy and medication for his recovery. One of the most effective therapies has been work. Joseph enjoys great job satisfaction, a sense of purpose and feeling much better about himself since he started working. Another reward is the extra money as well as being a productive member of society.

Ian Panyko: Graduated from Kutztown University with a bachelor's degree in Clinical Counseling Psychology. Ian has been working for The Mental Health Recovery Lodge of Northampton County (commonly referred to as The Lodge) since 2011. At The Lodge Ian has held positions as a Recovery Coach, Recovery Coach Supervisor and is now the Assistant Director of The Lodge. In addition to his experience in Mental Health, Ian has a formal background in fine arts and an extensive background in the restaurant business. Ian's Knowledge of the restaurant business has been helpful in the operating of Café The Lodge, The Lodge's café and catering business where they offer vocational opportunities for adults with mental illness. Ian is a certified Wellness Recovery Action Plan facilitator and graduated from RHD's Leadership Development Program.

Xzavear Rehm: Currently holds the position of President of the lodge members board. Xzavear graduated as a Certified Peer Specialist in 2012, is a Certified WARP Facilitator, Certified Mental Health First Aid Responder and a Certified Advocate from the Gay & Lesbian Advocates & Defenders (GLAD). Xzavear has volunteered for multiple organizations in the Lehigh valley including Safe Harbor Employment Services, Unity House and Twin Rivers Clubhouse. Xzavear is glad to meet you and be able to share his knowledge about the Wellness Action Recovery Plan For Work!