

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2
			Herbed Pork Loin Mashed Yams Braised Red Cabbage Oatmeal Cookie	Tilapia Whole Grain Pilaf Beets Fresh Fruit
5	6	7	8	9
Swedish Meatballs Whole Wheat Pasta Capri Blend Veg. Fresh Fruit <i>Week 3</i>	Baked Ham w/Glaze Whipped Sweet Potato Brussels Sprouts Angel Food Cake	BBQ Chicken Brown Rice Green Beans Pineapple Tidbits	Meatloaf w/Gravy Whipped Potatoes Peas & Carrots Jell-O	Crab Cake Tater Tots Zucchini Applesauce
12	13	14	15	16
Chicken Cacciatore Rosemary Potatoes Wax Beans Whipped Berries <i>Week 4</i>	Beef Stew Buttered Noodles Broccoli/Cauliflower Apple	Baked Pork Loin Mashed Potatoes Sauerkraut Applesauce	Turkey & Biscuits Peas & Carrots Orange	Vegetarian Chili Brown Rice Broccoli Whipped Peaches Mini Corn Muffin
19	20	21	22	23
Roast Pork w/ Apple Chutney Whipped Potatoes Red Cabbage Sugar Cookie <i>Week 5</i>	Salisbury Steak Scalloped Potatoes Carrots Orange	Chicken Primavera Pasta Mixed Vegetables Pear & Walnut Salad	Roasted Turkey Breast Bread Stuffing French Green Beans Oatmeal Cookie	Mac & Cheese Stewed Tomatoes Broccoli Apple
26	27	28	29	30
Centers Closed Day After Christmas <i>Week 1</i>	Veal Parmesan Pasta Butternut Squash Diced Pears	Chicken Piccata Wild Rice American Blend Veg Tropical Fruit	Pot Roast Scalloped Potatoes Brussels Sprouts Apple	Fish Confetti Rice Mediterranean Medley Strawberry Almond Delight