



St. Luke's Healthy Aging Lecture Series

A series designed to help you
and your family age well.



5:30 pm

St. Luke's Anderson Campus
Medical Office Building
Classrooms A & B

Space is limited so please
RSVP to InfoLink at
866-STLUKES.

Light refreshments
will be served.



Lecture Schedule

September 21, 2016

Getting Your Legal Affairs in Order

Speaker: Theresa Hogan, Esq; Estate Planning and
Elder Law Attorney

October 19, 2016

Healthy Lifestyle Choices for Diabetes Prevention

Speaker: Dagny Danga-Storm, St. Luke's Diabetic Educator

November 16, 2016

Confronting Depression

Speaker: Betsy Walton-Phillips, LCSW, St. Luke's Outpatient
Behavioral Health

December 14, 2016

Alleviating Holiday Stress for an Older Loved One

Speaker: Anne P. Grogan, MSW. Director for Senior
Care, St. Luke's

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