

Emergency Kit!



How many kits should I have?

- 2 Kits
 - “Go Kit”
 - Easy to carry

 - Home



“Go Kit”

- Granola Bar or Hard Candy
- Bottle of Water
- Medications
 - 3 Day Supply
 - Medical ID Pocket Pal
- Extra Clothing (Old Pair of Shoes and Sweater)
- Drivers License/Picture ID
- Blanket
- Book, Crossword Puzzles or Cards



“Go Kit” Basics

- Keep your kit light and manageable (backpack or tote bag)
- Keep kit near door
- Label equipment with name and contact information
- Rotate food, water, clothing and batteries every 6 months

Home Emergency Kit Items

- 3 day supply of Food
- 3 day supply of Water
- Radio with Extra Batteries
- Flashlight with Extra Batteries
- Whistle
- Hygiene Items
- Manual Can Opener
- Extra Clothing



Home Emergency Kit Items

- Copies of ID and Credit Cards
- Copy of Insurance Information
- Supplies for Pets (Food, Water, First Aid)
- Cash
- Emergency Documents



Emergency Document Bag

- Emergency Document Bag:
 - Important and irreplaceable papers
 - Photos
 - Mementos
 - Backup of your computer
 - Items you need to help you recover from an emergency



Emergency Document Bag should include:

- Copies of Social Security Cards, Birth Certificates or Proof of Citizenship
- List of important Phone numbers – Family, Friends, Etc.
- Passports
- Medical Records, Insurance and Benefit Documents
- List of Medications with Dosages and Doctors Phone Numbers

Emergency Document Bag should include:

- Immunizations Records
- Health Insurance Records
- Insurance Documents – Homeowner, Renter, Life, Flood, Etc.
- Home or Other Property Deeds, Leases, Mortgages etc.

Emergency Document Bag should include:

- Inventory of possessions and their value
- Vehicle Insurance Documents
- Vehicle Titles, Leases, Loan Documents, etc.
- Financial Statements – Bank Accounts, Tax returns, etc.
- Copies of Recent Bills – Power, Water, etc.
- Wills

Emergency Document Bag should include:

- Current pet photos
- Paperwork for Pets – Medical Records, Registrations, etc.
- Backup Computer Files – on a CD, DVD, etc.
- Copies of important keys



Home Emergency Kit Items

- Medications
- Medical Supplies
- List of Medical Contacts
- Eyeglasses
- Hearing Aids and Batteries
- Wheelchair and Batteries
- Oxygen



Emergency Contact Sheet

FOR EMERGENCY SERVICES: DIAL 911

The best time to prepare for an emergency is before it happens. Fill out this sheet and keep it near your phone. Update the sheet when necessary, and be sure to let family, neighbors, and others know that it is available.

EMERGENCY NUMBERS

Police Control Center: 1-800-322-1222

Hospital Name: _____ Phone: _____

Doctor's Name: _____ Phone: _____

Pharmacy Name: _____ Phone: _____

Health Insurance Plan: _____

Policy #: _____

FAMILY CONTACT NUMBERS

Parent's Name: _____

Kid's Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Home Phone: _____

Work Cell #: _____

Cell #: _____

Emergency Contact 1

Name: _____

Relationship: _____

Phone: _____

Emergency Contact 2

Name: _____

Relationship: _____

Phone: _____

In an emergency call 911 or your child's doctor. Before your child can only speak with your doctor about the best way to handle an injury, illness, or emergency.



Maintaining Emergency Supply Kits

- Keep in cool dry place
- Store food in tightly closed containers
- Change food and water every 6 months
- Review kit and family needs at least once a year
- Keep items in easy-to-carry containers

Emergency Supply Kit Review

- Demonstration and Examples
- Developing Emergency Preparedness Kit Activity
- Emergency Preparedness Kit Jeopardy

Questions???



For further details or information on preparedness or further training:

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