

**Department of Community Health & Health Studies
Community Exchange TimeBank Contact List**

What?	Who?	What Else?	Contact?
Community Exchange TimeBank (Neighbor to Neighbor Network)	Send us anybody - patients, family of patients, friends of patients, friends of yours - healthy people, sort of healthy people, not so healthy people - anybody willing to help or needing some help - anybody who is willing to get involved in creating a healthy community!	Help from community members is diverse. Transportation, companionship, help around the house, help with paperwork, dog walking, music lessons, etc. Our TimeBank is as good as the talent we enroll!	General Membership Kathy Perlow, Membership Coordinator, 610-969-2486 OR We do a group orientation/sign up session at Center for Health Aging, LVH17 the third Monday of EVERY month from 2-4 pm and at LVH Muhlenberg, the first Wednesday of EVERY month, 6-8 pm OR if you have 5-10 people, we will plan a special orientation that meets your needs.
Community Exchange WheelTime Transportation	We need riders AND drivers! This project matches people needing rides to medical appointments who have no other viable options with caring community drivers.	There is a short enrollment process so please, please, please don't wait until the last minute. These are community drivers using their personal vehicles. There is a small fee to help drivers with gas.	Sherelle Lucas, 610-969-2432
Community Exchange Medical Interpreters	Bilingual community patients/people who want to train as community medical interpreters	Community members must be bilingual in English and another language and be able to pass language assessments on medical terminology.	Members first join Community Exchange, so call Kathy Perlow at 610-969-2486 or see above.
Community Exchange Medical Interpreters	OR if you need a trained community interpreter to accompany a patient to a LVHN specialist	We have some fabulous trained interpreters to help! Try to give enough notice to recruit someone.	Contact interpreter services, but also email laura_t.gutierrez@lvhn.org so we can follow up.
Community Exchange Neighbor to Neighbor Care Teams (Networks of community members supporting the work of providers and care managers in caring for patients primarily within the community.)	We need people who can help people.	In development - we need your help in making this great.	Members first join Community Exchange, so call Kathy Perlow at 610-969-2486 or see above.
Sometimes we can help with material needs	Some of our members are looking to downsize households and have items to pass along.	email us your very specific requests. (For instance - women's winter coat, size 8). We do a weekly email blast and have a Facebook page.	email nathan.boatang@lvhn.org