

# Caregiving in Pennsylvania

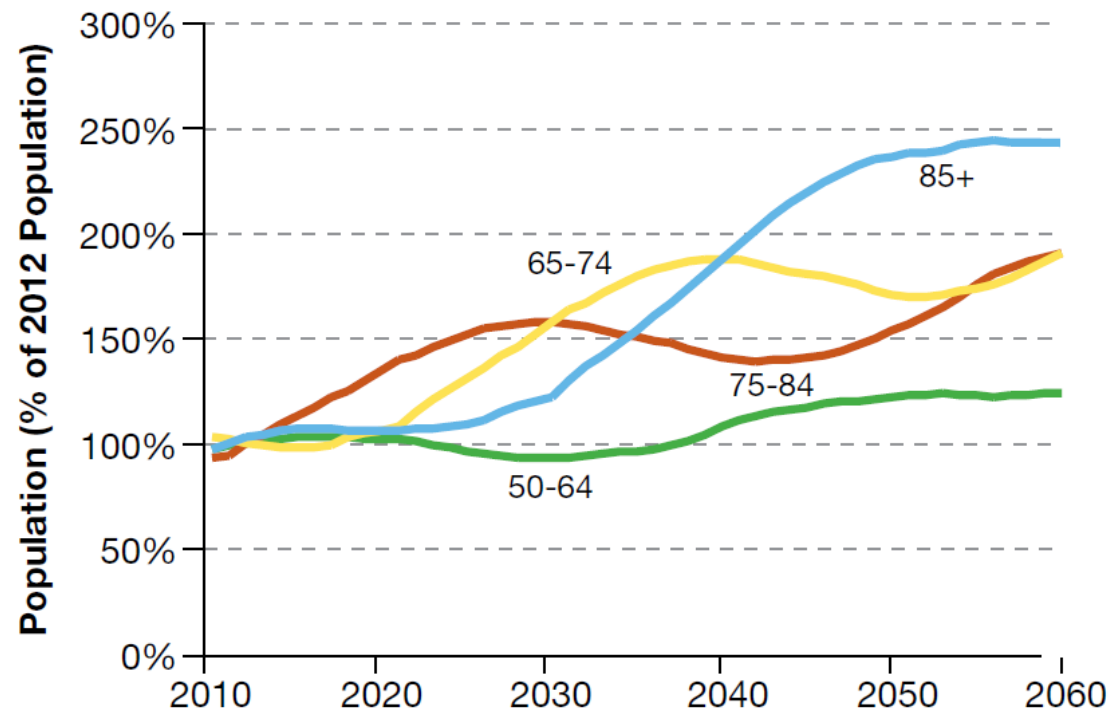


Act 20 of 2016  
The Caregiver Advise, Record &  
Enable Act



# The Challenge – Shifting Demographics in PA

**Projected Growth in the Older Population  
in Pennsylvania as a Percentage of  
2012 Population, by Age Group**



Source: AARP Public Policy Institute, *Across the States 2012*

# The Backbone of the LTSS System

**1,650,000** Family Caregivers

 in **Pennsylvania** 

**1.54**  
Billion Hours

Unpaid  
Family  
Care

**\$12.47** economic  
value per hour



total  
economic value **\$19.2 billion**

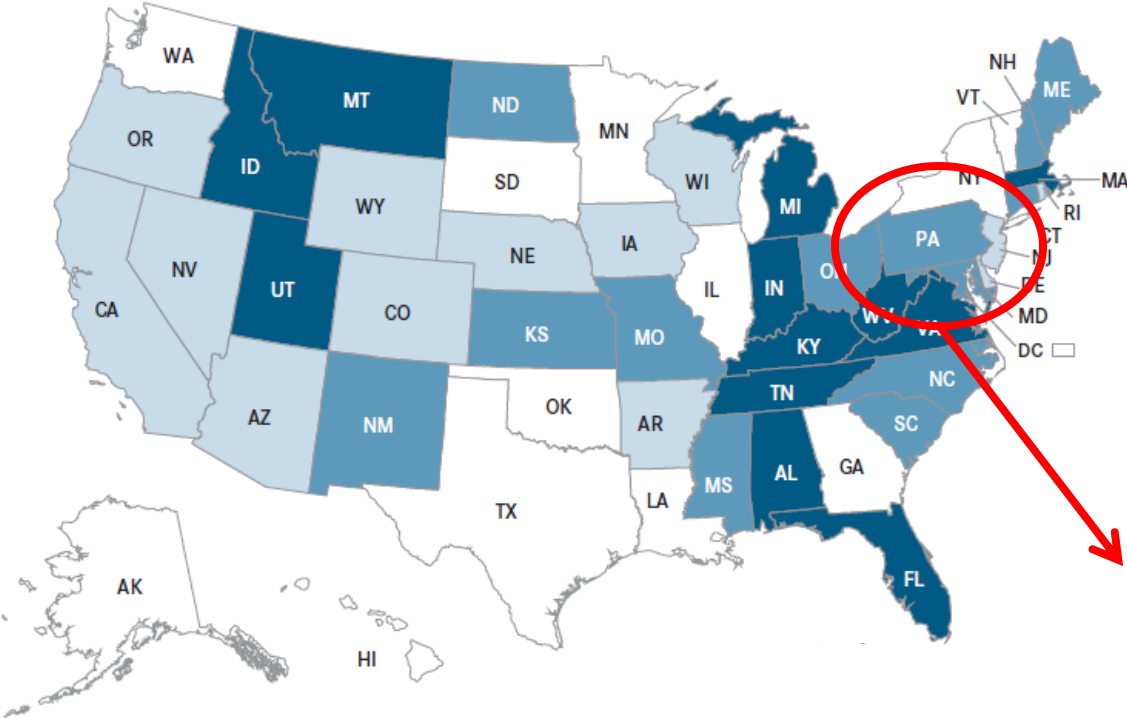
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2013

# Pennsylvania's Support of Family Caregivers

State Ranking on Support for Family Caregivers Dimension



**Pennsylvania ranks 36<sup>th</sup> on this measure**

Source: State Long-Term Services and Supports Scorecard, 2014.

# The CARE Act

Caregiver

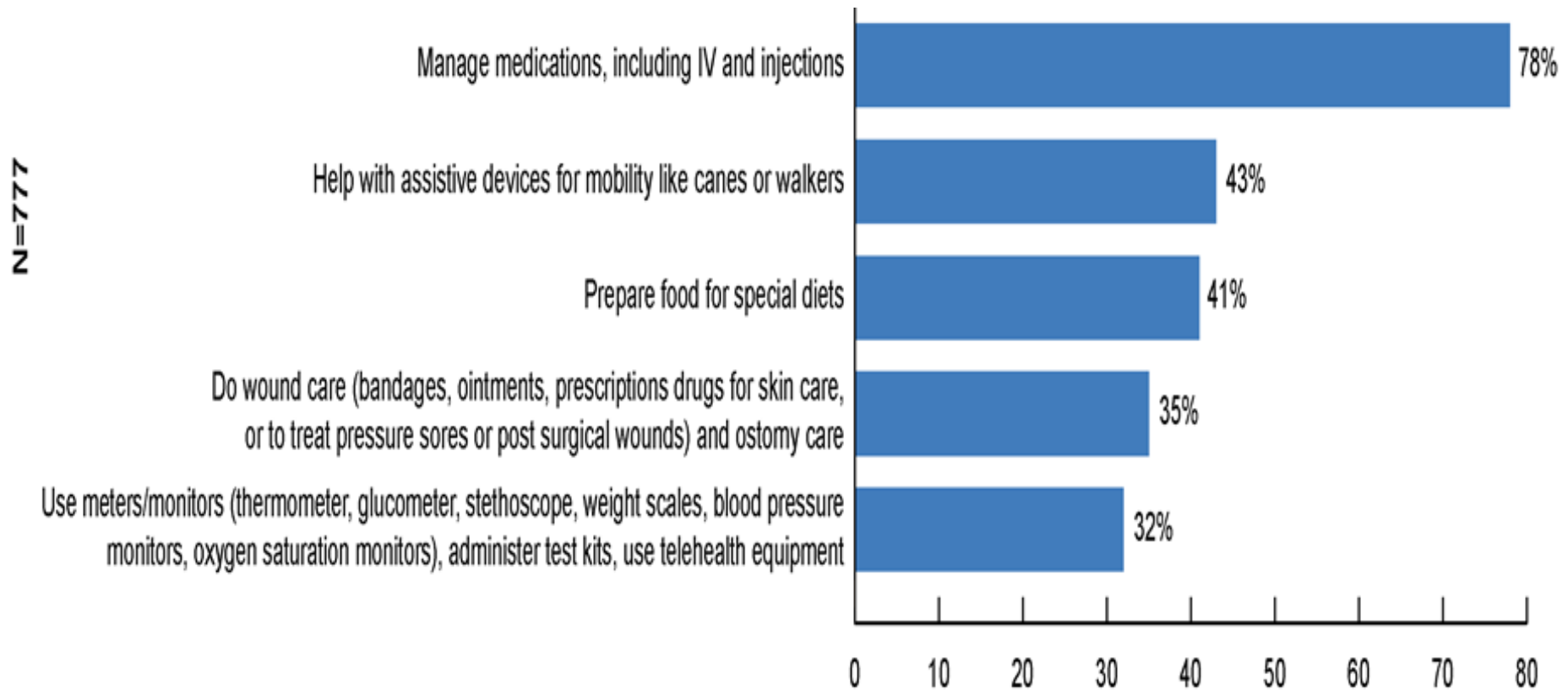
Advise

Record

Enable



# Medical/Nursing Tasks



# The CARE Act

- The CARE Act provides your loved one the opportunity to designate a caregiver. (Designation)
- The CARE Act ensures that hospitals include the caregiver in discharge planning & provides necessary training for your loved one's care once they go home. (Notification)
- Inform you when your loved one is to be discharged to another facility or back home.

# The CARE Act

- Allows hospitals to consult with the caregiver on the discharge plan, taking into account the caregiver's capabilities & limitations. (Consultation)
- Include Discharge plan includes contact information for necessary health & community resources in the discharge plan.
- Requires the hospital to give the caregiver the opportunity to receive instruction on all after-care tasks included in the discharge plan. (Training)
- Allows the caregiver the opportunity to ask questions.





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<https://act.aarp.org/iheartcaregivers/>

# AARP Caregiving Resource Center

For more information visit [www.aarp.org/caregiving](http://www.aarp.org/caregiving)

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## Caregiving Resource Center | Information, tools and tips for caregivers

- CAREGIVING HOME**
- Planning & Resources
  - Benefits & Insurance
  - Legal & Money Matters
  - Care for Yourself
  - Providing Care
  - Senior Housing
  - End of Life Care
  - Grief & Loss



### CAREGIVING TOOLS



**Long-Term Care Calculator**  
Calculate costs for long-term care by area or by type and length of stay.



**I Heart Caregivers**  
Heart-ing family caregivers across the country.

[See all caregiving tools](#)

### CONNECT WITH AN EXPERT



**Facebook Chat: Work and Caregiving**  
Amy Goyer answers your questions.

- In *Sickness, Health and (Sometimes) Anguish*
- Expert advice: *Age-based sibling rivalry*
- Free e-book: *Juggling Work and Caregiving*
- Catch up on past chats from our archive
- Got a question? Ask one of our experts!

### FIND SUPPORT



**AARP Phone: 1-877-333-5885 (1-888-971-2013 in Spanish)**  
Monday-Friday: 7 a.m.-11 p.m. ET  
Saturday 9 a.m.-5 p.m. ET

[Share, get and give advice with other caregivers](#)

### CARE FOR THE CAREGIVER

### LOCATE RESOURCES

### FIND A PROVIDER

Searching for

In or Around



**Prepare to Care**  
Download the caregiving planning guide for families (PDF)

# Quality Insights Quality Innovation Network

- Quality Insights  
Care Coordination Project  
Coordinator's:
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# Questions & Discussion