

SAVE-THE-DATE

BRIDGING COMMUNITIES:
HELPING OLDER ADULTS IN CRISIS

MONDAY MAY 11, 2015

10:00 A.M. TO 3:00 P.M.

AT

NORTHAMPTON COUNTY DEPARTMENT OF HUMAN SERVICES

2801 EMRICK BOULEVARD

BETHLEHEM, PA 18020

SPONSORED BY:

LEHIGH/NORTHAMPTON LINK

Lehigh County Office of Mental Health in collaboration with the Lehigh County Office of Aging
and Adult Services

And

The Northampton County Office of Mental Health in collaboration with the Northampton
County Area Agency on Aging

Speaker: Linda Shumaker, RN

Outreach Coordinator, Pennsylvania Behavioral Health and Aging Coalition

Registration is required. Details to follow

Bridging Communities: Helping Older Adults in Crisis

Lehigh and Northampton County Aging and Mental Health

Sponsored by: Lehigh and Northampton County Offices of Aging and Mental Health

Facilitator:

Linda Shumaker
Outreach Coordinator
Pennsylvania Behavioral Health and Aging Coalition

Program Description:

Currently one in four older adults has a significant mental disorder and by the year 2030 as the population ages, the number of older adults with major psychiatric illness is predicted to reach 15 million.¹ Like most states in this country, Pennsylvania's fastest growing population is over 85 years old. It has one of the largest populations of rural older adults and is second only to Florida in having the oldest population. The incidence of Alzheimer's disease, with its significant psychiatric symptoms, is almost 50% in those individuals over 85 years of age. One of the highest suicide rates in this country is in white males over 85 years of age, specifically, those living rurally. These facts underline the need for cross system collaborative approaches when serving older adults. Bridging the mental health system with the aging community is necessary for serving this rapidly growing population, utilizing the specific skills and unique services of each system will enable older adults to stay active in their communities. This program will review program services for older adults, the limitations, expectations and the need for cross system collaborative approaches.

Educational Objectives:

Participants at the conclusion of this program:

- Will understand the psychiatric issues that may accompany aging
- Will recognize when an older adult is in need of a psychiatric evaluation and possibly inpatient mental health treatment
- Be able to utilize resources specifically targeted toward older adults

Target Audience: This program is directed toward Mental Health Workers, Aging Case managers, Delegates and Crisis Workers

¹ D. Jeste, G. Alexopoulos et al. "Consensus Statement on the Upcoming Crisis in Geriatric Mental Health: Research Agenda for the Next Two Decades." Archives of General Psychiatry, 1999, 56: 848-853.

AGENDA

10:00 AM – Welcome and Introductions

10:15 AM – 11:00 Case Discussion

- Review of the Mental Health Procedures Act
 - i. Mental Health Bulletin – Service Priority for Older Adults
 - ii. Case Discussion

11:00 – 12 Noon - Psychiatric complications of Aging

- Late Life Depression
 - i. Relationship with chronic illness
 - ii. Risk of Suicide

12:00 – 1:00 LUNCH

1:00 – 2:00 - Neuropsychiatric Symptoms of Dementia

- Behavioral and Psychological Symptoms of Dementia
- Understanding causes of behavioral problems and their psychiatric relationship
 - i. Behavioral expressions of Depression and Anxiety
 - ii. Delirium

2:00 – 3:00 Resources for Communities

To Register:

To register, please e-mail: judithstanczak@lehighcounty.org

Please include your name, title and position i.e. Aging or Mental Health Worker, Delegate or Crisis worker and the County where you work.

DEADLINE FOR REGISTRATION IS FRIDAY MAY 1, 2015

*Please include a recent “case description” to be used for discussion and problem solving.