

## Treatment

Outpatient (OP) treatment is an organized, non-residential treatment service providing therapy in which the client resides outside the facility and commutes from their home.

**Confront** provides intensive outpatient and outpatient treatment services to adolescents, adults and families experiencing drug and/or alcohol problems.

1130 Walnut Street  
Allentown, PA 18102  
Phone: (610) 433-0148

**New Directions Treatment Services, Inc.** specializes in opiate addiction treatment. Services include methadone and detox, counseling in English and Spanish, outreach, HIV testing, pre- and post-test counseling, HIV/AIDS education.

2442 Brodhead Road  
Bethlehem, PA 18020  
Phone: (610) 758-8011

**Step-By-Step, Inc.** provides treatment to adults with substance abuse and mental illness. The program provides individual, group and family therapy and psychiatric services.

375 Linden Street (Basement)  
Allentown, PA 18101  
Phone: (610) 776-1224

**White Deer Run, Inc. of Allentown** provides intensive outpatient treatment and outpatient treatment to adults and adolescents for drug and/or alcohol abuse and gambling via individual, group and family counseling. DUI and aftercare group therapy is also available.

1259 South Cedar Crest Blvd.  
Suite 308  
Allentown, PA 18103  
Phone: (610) 432-5561

**Riverside, Inc.** - provides a full continuum of community-based outpatient services to treat behavioral problems associated with alcohol and drug addiction. Offering a variety of specialized client services, Riverside Care provides a high quality substance abuse treatment and co-occurring services to meet the specific needs of the individual.

44 East Broad Street, Suite 20  
Bethlehem, PA 18018  
610-868-0435

**M.A.R.S., Inc.** – provides intensive outpatient treatment and outpatient treatment to adults and adolescents for drug and/or alcohol abuse and gambling addiction via individual, group and family counseling.

2045 Westgate Road  
Suite 301  
Bethlehem, PA 18017  
Phone: (610) 419-3101

# LEHIGH COUNTY DRUG & ALCOHOL ABUSE SERVICES



## LOCAL SERVICE PROVIDERS

Lehigh County  
Government Center  
17 South 7<sup>th</sup> Street  
Allentown, Pa 18101  
(610) 782-3555

[www.lehighcounty.org](http://www.lehighcounty.org)

## Intervention

Intervention encompasses the initial steps for drug and alcohol services. The goal is to assist the individual to recognize, to identify and to engage the problems related to substance abuse. Intervention services identify the fact that support is needed not only for the individual but also for their family environments.

**Allentown Health Bureau** provides confidential counseling and testing for HIV - the virus that causes AIDS - screening and treatment for sexually transmitted diseases, tuberculosis testing, Hepatitis B and C screening, Hepatitis B immunization and a wide range of STD and HIV/AIDS prevention education services.

245 North Sixth Street  
Allentown, PA 18102  
Phone: (610) 437-7760

**Valley Youth House Family Intervention Program** provides home-based services are targeted at families in which children at risk of maltreatment due to parental and/or child substance abuse and/or mental health problems. Intensive clinical intervention and case management include education on parenting skills, respite foster care, emergency shelter and medical.

531 Main Street  
Bethlehem, PA 18018  
Phone: (610) 954-9561

**Lehigh Valley Drug & Alcohol Intake Unit** provides information, assessment, and referrals for Lehigh County residents with a drug and/or alcohol problem.

29 South Law Street  
Third Floor  
Allentown, PA 18101  
Phone: (610) 432-2228

## Prevention

“Prevention promotes constructive lifestyles that discourage drug abuse and promotes development of social environments that facilitate drug-free lifestyles. As applied to alcohol, tobacco and other drugs (ATOD), prevention means keeping the many problems related to the use and abuse of these substances from occurring.” (CASP)

**Student Assistance Program (SAP)** is designed to assist school personnel in identifying issues including alcohol, tobacco, other drugs, and mental health issues which pose a barrier to a student's success. The primary goal of the Student Assistance Program (SAP) is to help students overcome these barriers in order that they may achieve, remain in school, and advance. For information, contact:

Lehigh County SCA  
17 South 7<sup>th</sup> Street, Allentown, PA 18101  
(610) 782-3556

**Center for Humanistic Change** provides educational and programs to prevent substance abuse. Programs include: life skills for adults and youth, parenting education, violence prevention, alternative activities for teens and education targeted to avert drug and alcohol involvement. Programs and trainings are offered in the schools and community as classroom programs, small groups and one-time presentations. All center programs have one goal - to provide life skills training and education for healthy living.

2200 Avenue A  
Suite 106  
Bethlehem, PA 18017  
Phone: (484) 821-0375

**Valley Youth House** drug and alcohol prevention, education and information services are provided in the elementary, middle, high schools and in the community. Services are provided through both small group format and classroom presentation models with a focus on effective and factual education.

531 Main Street  
Bethlehem, PA 18018  
Phone: (610) 954-9561