## COLD MENU - Lehigh County (610) 782-3254

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4	5	6	7
3	4	5	0	1
Turkey and Gouda Sandwich	Chopped Salad with Chicken	Greek Salad w/ Chicken	Grilled Chicken BLT	Egg Salad Sandwich
Baby Carrots w/ Ranch	Salad Greens WW Dinner Roll	Salad Greens WW Dinner Roll	Four Bean Salad WW Sandwich Roll	Broccoli Salad WW Bread
WW Bread	Fresh Orange	Mixed Fruit	Fresh Fruit Salad	Fresh Pear
Mango 10	11	12	13	14
10	11	12	15	14
Ham and Cheddar Sandwich	Chicken Caesar Salad	Horseradish Roast Beef Sandwich	Honey Mustard BBQ Chix Sandwich	Southwest Chicken Ranch Salad
Coleslaw WW Bread	Salad Greens WW Dinner Roll	Diced Beets WW Sandwich Roll	Cucumbers w/ Ranch WW Sandwich Roll	Salad Greens WW Dinner Roll
Sweet & Sour Cup	Strawberry Banana Applesauce	Fresh Orange	Tropical Fruit	Fresh Pear
17	18	19	20	21
Turkey Pepperoni & Cheese Sandwich	Harvest Chicken Salad	Chef Salad with Turkey Ham	Turkey & Cheddar Sandwich	French Rachel Sandwich
Four Bean Salad WW Sandwich Roll	Salad Greens WW Dinner Roll	Salad Greens WW Dinner Roll	Broccoli Salad WW Bread	Coleslaw WW Bread
Orange	Mandarin Oranges	Peaches	Fresh Pear	Fresh Fruit Salad
24	25	26	27	28
Turkey and Gouda Sandwich	Chopped Salad with Chicken	Greek Salad w/ Chicken	Grilled Chicken BLT	Egg Salad Sandwich
Baby Carrots w/ Ranch	Salad Greens WW Dinner Roll	Salad Greens WW Dinner Roll	Four Bean Salad WW Sandwich Roll	Broccoli Salad WW Bread
WW Bread Mango	Fresh Orange	Mixed Fruit	Fresh Fruit Salad	Fresh Pear
31				
51			1 1	
Ham and Cheddar Sandwich				
Coleslaw WW Bread				
Sweet & Sour Cup				

## HOT MENU - Lehigh County (610) 782-3254

THESDAV	WEDNESDAV	THUPSDAY	FRIDAY
4	5	0	1
Meatloaf w/ Gravy	Buttered Pierogies with Onions	Chicken Kiev	Veggie Cheeseburger
Mashed Potatoes Mixed Vegetables WW Dinner Roll	Side Salad WW Dinner Roll	Crinkle Cut Zucchini Buttered Quinoa Vegetable Blend	Sweet Potato Fries French Onion Soup WW Sandwich Roll
Oatmeal Cookie	Orange Chocolate Pudding	Diced Pears	Fresh Cantaloupe
11	12	13	14
Turkey Sloppy Joe	Garlic Parmesan Chicken	Beef Goulash	Breaded Fish Sandwich
Diced Potatoes Beef and Pepper Soup WW Sandwich Roll	Buttered Broccoli & Cauliflower Buttered Rice Blend w/ Quinoa	Peas and Carrots Macaroni WW Dinner Roll	Roasted Sweet Potato Cubes Cauliflower
Orange Sugar Cookie	Apple Slices	Diced Mango	WW Sandwich Roll Pound Cake
18	19	20	21
Chicken Fried Steak W/ Country Gravy	Boom Boom Chicken Fritters	French Onion Cheeseburger Roasted Red	Cheese Tortellini Buttered
Mashed Potatoes Beets WW Dinner Roll Vapilla Pudding	Broccoli Carrot Coins WW Dinner Roll	Potatoes Chicken Noodle Soup WW Sandwich Roll	Romanesco Broccoli & Cauliflower Blend WW Dinner Roll
vanilla i uuuling	Shortbread Cookie	Fresh Cantaloupe	Fresh Fruit Salad
25		-	28
20	20	<u> </u>	20
Turkey Kielbasa	Spaghetti & Meatballs	Raspberry Grilled Chicken	Garlic Herb Butter Fish
Peppers and Onions Baked Beans WW Hot Dog Roll	Side Salad WW Spaghetti W/ Sauce Chocolate Chip	Roasted Red Potatoes Chuckwagon Corn WW Dinner Roll	Buttered Peas & Pearl Onions WG Mac & Cheese WG Dinner Roll
Fresh Orange	Cookie	Diced Peaches	Fresh Fruit Salad
	Mashed Potatoes Mixed Vegetables WW Dinner Roll Oatmeal Cookie 11 Turkey Sloppy Joe Diced Potatoes Beef and Pepper Soup WW Sandwich Roll Orange Sugar Cookie 18 Chicken Fried Steak WV Country Gravy Mashed Potatoes Beets WW Dinner Roll Vanilla Pudding 25 Turkey Kielbasa Potatoes W/ Peppers and Onions Baked Beans	45Meatloaf w/ GravyButtered Pierogies with OnionsMashed Potatoes Mixed Vegetables WW Dinner RollSide Salad WW Dinner RollOatmeal CookieOrange Chocolate Pudding1112Turkey Sloppy Joe Diced Potatoes Beef and Pepper SoupGarlic Parmesan Chicken Buttered Broccoli & Cauliflower Buttered Rice Blend w/ QuinoaWW Sandwich Roll Orange Sugar CookieWW QuinoaOthicken Fried Steak W/ Country GravyBoom Boom Chicken FrittersMashed Potatoes Beets WW Dinner Roll Vanilla PuddingBroccoli Carrot Coins WW Dinner Roll Shortbread Cookie2526Turkey Kielbasa Baked Beans WW Hot Dog RollSpaghetti & Meatballs Buttered Broccoli Side Salad WW Spaghetti W/ Sauce Chocolate Chip	456Meatloaf w/ Gravy Mashed Potatoes Mixed Vegetables WW Dinner RollButtered Pierogies with OnionsChicken KievMashed Potatoes Mixed Vegetables WW Dinner RollSide Salad WW Dinner RollCrinkle Cut Zucchini Buttered Quinoa Vegetable BlendOatmeal CookieOrange Chocolate PuddingDiced Pears111213Turkey Sloppy Joe SoupGarlic Parmesan Chicken Buttered Rice BlendBeef Goulash WW Dinner RollWW Sandwich Roll Orange Sugar CookieMacaroni MW QuinoaWW Dinner Roll Diced MangoWW Sandwich Roll Orange Sugar CookieBoom Boom Chicken Fried Steak W/ Country GravyFrench Onion Chicken FrittersMashed Potatoes Beets WW Dinner Roll Vanilla PuddingBroccoli Shortbread CookieFresh Cantaloupe252627Turkey Kielbasa Baked Beans WW Hot Dog RollSpaghetti & NW Spaghetti W/ Sauce Chocolate ChipRassed Red Potatoes